

**Exodus**  
**A Tale of Two Kingdoms**  
**February 22, 2026**

As we journey through Exodus together, create space to listen, reflect, and grow. There is no pressure to have the “right” answers – only an invitation to be present. Trust the Holy Spirit to lead the conversation and to gently shape your heart along the way.

**Open up together:**

- Have you ever experienced a major leadership change (a new boss, a new coach, a new system)? How did it affect you?

**Read Exodus 1:1-22**

**1** These are the names of the sons of Israel who went to Egypt with Jacob, each with his family: **2** Reuben, Simeon, Levi and Judah; **3** Issachar, Zebulun and Benjamin; **4** Dan and Naphtali; Gad and Asher. **5** The descendants of Jacob numbered seventy<sup>[a]</sup> in all; Joseph was already in Egypt.

**6** Now Joseph and all his brothers and all that generation died, **7** but the Israelites were exceedingly fruitful; they multiplied greatly, increased in numbers and became so numerous that the land was filled with them.

**8** Then a new king, to whom Joseph meant nothing, came to power in Egypt. **9** “Look,” he said to his people, “the Israelites have become far too numerous for us. **10** Come, we must deal shrewdly with them or they will become even more numerous and, if war breaks out, will join our enemies, fight against us and leave the country.”

**11** So they put slave masters over them to oppress them with forced labor, and they built Pithom and Rameses as store cities for Pharaoh. **12** But the more they were oppressed, the more they multiplied and spread; so the Egyptians came to dread the Israelites **13** and worked them ruthlessly. **14** They made their lives bitter with harsh labor in brick and mortar and with all kinds of work in the fields; in all their harsh labor the Egyptians worked them ruthlessly.

**15** The king of Egypt said to the Hebrew midwives, whose names were Shiphrah and Puah, **16** “When you are helping the Hebrew women during childbirth on the delivery stool, if you see that the baby is a boy, kill him; but if it is a girl, let her live.” **17** The midwives, however, feared God and did not do what the king of Egypt had told them

to do; they let the boys live. **18** Then the king of Egypt summoned the midwives and asked them, "Why have you done this? Why have you let the boys live?"

**19** The midwives answered Pharaoh, "Hebrew women are not like Egyptian women; they are vigorous and give birth before the midwives arrive."

**20** So God was kind to the midwives and the people increased and became even more numerous. **21** And because the midwives feared God, he gave them families of their own.

**22** Then Pharaoh gave this order to all his people: "Every Hebrew boy that is born you must throw into the Nile, but let every girl live."

### **Reflect & Share:**

- Exodus begins with a reminder of Joseph and God's past faithfulness. Why do you think Scripture so often calls God's people to remember what He has done?
- Where in your life do you need to remember God's past faithfulness right now?
- How does the shift from Joseph's generation to a new Pharaoh who "did not know Joseph" highlight the fragility of human favor?
- Discuss the moral dilemma faced by the midwives. What similar situations can occur today, and how should they be handled?
- How does Pharaoh demonstrate how a person can become bolder in their sin as time passes?
- The message challenged us not just to see ourselves as Israel, but to consider whether we carry a bit of "Pharaoh" in us. Where might you be tempted to prioritize your goals over the dignity of others?

### **Pray Together:**

#### **Psalm 33:18-22**

But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love, to deliver them from death and keep them alive in famine. We wait in hope for the LORD; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, LORD, even as we put our hope in you.