

## Exodus

### Born and Raised - week 2

March 1, 2026

As we journey through Exodus together, create space to listen, reflect, and grow. There is no pressure to have the “right” answers – only an invitation to be present. Trust the Holy Spirit to lead the conversation and to gently shape your heart along the way.

#### Open up together:

- When you hear the phrase “*born and raised*,” what comes to mind for you – a place, a value, a memory, a season?
- If you could describe your growing-up years in one word, what would it be?

#### Read Together:

##### Exodus 1:22

Then Pharaoh gave this order to all his people: “Every Hebrew boy that is born you must throw into the Nile, but let every girl live.”

##### Exodus 2:1-15

Now a man of the tribe of Levi married a Levite woman, and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months. But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. His sister stood at a distance to see what would happen to him.

Then Pharaoh’s daughter went down to the Nile to bathe, and her attendants were walking along the riverbank. She saw the basket among the reeds and sent her female slave to get it. She opened it and saw the baby. He was crying, and she felt sorry for him. “This is one of the Hebrew babies,” she said. Then his sister asked Pharaoh’s daughter, “Shall I go and get one of the Hebrew women to nurse the baby for you?” “Yes, go,” she answered. So the girl went and got the baby’s mother. Pharaoh’s daughter said to her, “Take this baby and nurse him for me, and I will pay you.” So the woman took the baby and nursed him. When the child grew older, she took him to Pharaoh’s daughter and he became her son. She named him Moses, saying, “I drew him out of the water.”

One day, after Moses had **grown up**, he went out to where his own people were and watched them at their hard labor. He saw an Egyptian **beating** a Hebrew, one of his own people. Looking this way and that and seeing no one, he **killed** the Egyptian and hid him in the sand. The next day he went out and saw two Hebrews **fighting**. He asked the one in the wrong, “Why are you hitting your fellow Hebrew?” The man said, “Who made you ruler and judge over us? Are you thinking of killing me as you killed the Egyptian?” Then Moses was afraid and thought, “What I did must have become known.”

When Pharaoh heard of this, he tried to kill Moses, but Moses fled from Pharaoh and went to live in Midian...

### **Hebrews 11:24-25**

By faith, Moses when he had **grown up**, refused to be known as the son of Pharaoh's daughter. He chose to be mistreated along with the people of God rather than to enjoy the fleeting pleasures of sin.

### **2 Corinthians 7:10**

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

### **Reflect & Share:**

- What stands out to you most in Moses' birth story?
- Moses grows up in two worlds – Hebrew by birth, Egyptian by upbringing. Where have you experienced tension between two identities or expectations in your life?
- When Moses sees injustice, he acts – but then he hides the body in the sand. What does that reveal about him? What does it reveal about human nature?
- The message talked about “burying things in the sand.” What do people tend to bury in their lives – fear, anger, shame, failure? Why do we hide instead of bringing things into the light?
- The wilderness became a place of formation for Moses. Have you ever had a “wilderness” season? What did God form in you there?
- The message said, “You have to own your past or your past will own you.” What do you think that means spiritually?
- Hebrews 11 frames Moses' decision as faith rather than failure. How does that perspective change the way you see your own mistakes or growing pains?
- What might it look like for you to take one honest step this week – digging up something buried, naming it before God, or inviting someone safe into it

### **Pray Together:**

What might it look like for you to take one honest step this week – digging up something buried and naming it before God.

Pray for God to reveal this step to you.