

From Insecurity to Presence

Exodus - week 13

May 24, 2026

As we journey through Exodus together, create space to listen, reflect, and grow.

There is no pressure to have the “right” answers – only an invitation to be present. Trust the Holy Spirit to lead the conversation and to gently shape your heart along the way.

Open up together:

- What’s something you’ve done before that felt intimidating at first, but you were glad you stepped into anyway?
- When you feel unsure of yourself, what do you tend to do—push harder, pull back, overthink, ask for reassurance, etc.?

Read Together:

Exodus 33:12-15

Moses said to the LORD, “You have been telling me, ‘Lead these people,’ but you have not let me know whom you will send with me. You have said, ‘I know you by name and you have found favor with me.’ If you are pleased with me, teach me your ways so I may know you and continue to find favor with you. Remember that this nation is your people.” The LORD replied, “My Presence will go with you, and I will give you rest.” Then Moses said to him, “If your Presence does not go with us, do not send us up from here.

Exodus 3:11

But Moses said to God, “Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?”

Exodus 4:1

Moses answered, “What if they do not believe me or listen to me and say, ‘The Lord did not appear to you’?”

Exodus 4:10

Moses said to the Lord, “Pardon your servant, Lord. I have never been eloquent, neither in the past nor since you have spoken to your servant. I am slow of speech and tongue.”

Exodus 4:13

But Moses said, “Pardon your servant, Lord. Please send someone else.”

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Exodus 5:20-21

When they left Pharaoh, they found Moses and Aaron waiting to meet them, and they said, "May the Lord look on you and judge you! You have made us obnoxious to Pharaoh and his officials and have put a sword in their hand to kill us."

Exodus 18:13

The next day Moses took his seat to serve as judge for the people, and they stood around him from morning till evening.

Exodus 24:12

The LORD said to Moses, "Come up to me on the mountain and stay here..."

Exodus 33:11

The LORD would speak to Moses face to face, as one speaks to a friend.

Exodus 33:15

"If your Presence does not go with us, do not send us up from here."

Reflect & Share:

- Moses didn't ask for an easier assignment—he asked for God's presence. How does that challenge the way we usually pray when we feel overwhelmed?
- In Exodus 33, Moses tells God, "If Your Presence does not go with us, do not send us." What stands out to you most about that conversation between Moses and God?
- Why do you think self-doubt can become so loud, even when God has already called or equipped us?
- What is the difference between humility and self-doubt? When does healthy humility begin to turn into disbelief about what God can do through us?
- Have you ever felt like you were "not enough" for something God was asking you to do? What helped you move forward—or what held you back?

Pray Together:

Pray that God would help you recognize the places where self-doubt, fear, or insecurity have been shaping your thinking. Ask Him to remind you that His presence is enough, and pray for courage to trust.