

The 10

Exodus - week 10

April 26, 2026

As we journey through Exodus together, create space to listen, reflect, and grow. There is no pressure to have the “right” answers – only an invitation to be present. Trust the Holy Spirit to lead the conversation and to gently shape your heart along the way.

Open up together:

- If your life had “unwritten rules,” what’s one you live by without even thinking about it?
- What’s a rule (from childhood, school, or home) that you didn’t like at the time but now understand or even appreciate?

Read Together:

Exodus 20:1

“I am the Lord your God, who brought you out of Egypt, out of the land of slavery.”

List of the Ten Commandments

1. You shall have no other gods before me.
2. You shall make no idols.
3. You shall not take the name of the Lord your God in vain.
4. Keep the Sabbath day holy.
5. Honor your father and your mother.
6. You shall not murder.
7. You shall not commit adultery.
8. You shall not steal.
9. You shall not bear false witness against your neighbor.
10. You shall not covet.

Exodus 19:4-5

Now if you obey me fully and keep my covenant, then out of all nations you will be my treasured possession. Although the whole earth is mine, you will be for me a kingdom of priests and a holy nation.

Genesis 1:1-2

In the beginning God created the heavens and the earth. Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

"You have heard that it was said...But I tell you..."

Reflect & Share:

- Exodus 20 begins with what God has *already done* ("I brought you out of Egypt"). Why do you think God starts there before giving any commands?
- The message emphasized that the commandments are about *relationships*, not just rules. How does that shift your understanding of them?
- Stephen mentioned that we often flip the order (putting possessions, pleasure, or self-first). Where do you see that tension in your own life or culture?
- The 10th commandment (do not covet) deals with the heart. Why do you think God includes something internal, not just outward behavior?
- Jesus deepens the commandments (anger = murder, lust = adultery). What does that reveal about what God is really after?
- The commandments were described as "new creation language." What might it look like to live as someone being *re-formed* by God, not just following rules?

Pray Together:

Ask God to show you one area where you've been focused on outward behavior instead of heart transformation. Then ask Him to help you see what He is like through that command (not just what He asks). Finally, pray for the courage to take one small step this week toward living in a deeper relationship with Him and others.