

Dinner with Jesus pt. 6- Bread for the Table
Sunday, October 12, 2025

As you join this discussion, let the Holy Spirit guide you. Share your thoughts and reflect on the message. Work through the guide by reading Scripture and answering a few questions.

Open Up:

- What's one meal or restaurant you could eat at over and over without getting tired of it?
- Have you ever missed something important in the moment, only to realize its significance later?

Read Together:

Luke 24:13-32

¹³ Now that same day two of them were going to a village called Emmaus, about seven miles^[a] from Jerusalem. ¹⁴ They were talking with each other about everything that had happened. ¹⁵ As they talked and discussed these things with each other, Jesus himself came up and walked along with them; ¹⁶ but they were kept from recognizing him. ¹⁷ He asked them, "What are you discussing together as you walk along?"

They stood still, their faces downcast. ¹⁸ One of them, named Cleopas, asked him, "Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?" ¹⁹ "What things?" he asked. "About Jesus of Nazareth," they replied. "He was a prophet, powerful in word and deed before God and all the people. ²⁰ The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; ²¹ but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. ²² In addition, some of our women amazed us. They went to the tomb early this morning ²³ but didn't find his body. They came and told us that they had seen a vision of angels, who said he was alive. ²⁴ Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus."

²⁵ He said to them, "How foolish you are, and how slow to believe all that the prophets have spoken! ²⁶ Did not the Messiah have to suffer these things and then enter his glory?" ²⁷ And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself. ²⁸ As they approached the village to which they were going, Jesus continued on as if he were going farther. ²⁹ But they urged him strongly, "Stay with us, for it is nearly evening; the day is almost over." So he went in to stay with them.

³⁰ When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. ³¹ Then their eyes were opened and they recognized him, and he

disappeared from their sight. ³² They asked each other, "Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?"

Ephesians 4:12-13

...to prepare God's people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Psalms 34:8

Taste and see that the LORD is good; blessed is the one who takes refuge in him.

Discuss Together:

- The disciples are walking away from Jerusalem, discouraged and confused. What does their reaction teach us about how people often respond to disappointment or unmet expectations?
- Can you think of a time when you realized God was with you in a difficult situation – but only after looking back?
- How might "reflecting with others" help us see God's presence more clearly?
- In what ways does sharing meals, stories, and time with others help strengthen your faith?
- The message said, "When we spend time reflecting, we spend time preparing." What might God be preparing you for right now?
- The disciples' hearts burned within them as they listened to Jesus. What stirs that kind of "holy heartburn" in you – a deep awareness of God's presence or truth?

Pray:

Pray for God to open your eyes to where He's already walking beside you. Ask Him to help you see your experiences through His perspective and to stir a "holy heartburn" in your heart for His presence and Word.

Invitation:

This week, invite someone to your "table." Share a meal, coffee, or conversation with someone and take time to reflect together on where you've seen God at work – even in hindsight.