

Ephesians – Suit Up  
October 20, 2024

As you join this discussion, let the Holy Spirit guide you. Share your thoughts and reflect on the message. Work through the guide by reading Scripture and answering a few questions.

### **Open Up Together:**

- Do you tend to be trusting, or are you suspicious of other people? Why?

### **Read Together:**

#### ***Ephesians 6:10-17***

*Finally, be strong in the Lord and in his mighty power.*

*Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood but against the rulers, against the authorities, against the powers of this dark world, and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.*

### **Discuss Together:**

- What does this famous passage teach you about God?
- How does it make you love Jesus more?
- Who is responsible for putting on the armor?
- How do we put it on?
- What can Christians, dressed in the full armor of God, expect?
- How would you describe the armor of God in your own words?
- In what ways is the Christian life a battlefield?

### **Pray Together:**

What piece of armor do you need to pay more attention to? How can you pray for God to help you?